

designs for health



MCT Colada™

emulsified medium chain triglycerides

Dietary Supplement
For Professional Use Only

16 Ounces (454 grams)

Supplement Facts

Serving Size 11 grams (approx. 2 teaspoons)

Servings Per Container about 41

Amount Per Serving	% Daily Value	
Calories	45	
Calories from Fat	40	
Total Fat	6 g	9%*
Saturated Fat	6 g	30%*
Total Carbohydrate	3 g	1%*
Medium Chain Triglycerides	5.7 g	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: MCT oil (from coconut and/or palm oil), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, potassium sorbate, vitamin E (as d-alpha tocopherol), and ascorbyl palmitate to ensure freshness.

Recommended Use: As a dietary supplement, take 11 grams (approx. 2 teaspoons) with food one or more times daily, or as directed by your health care practitioner. Can be taken alone or mixed in yogurt, juice or other beverages.

MCT Colada™ contains medium chain triglycerides (MCTs) from coconut and palm oil, and is mainly comprised of two fatty acids, caprylic and capric acid, with a great tasting natural pineapple/coconut flavor. It has also been emulsified for faster absorption, easy digestion, and will completely disperse when mixed into liquids. Unlike longer chain fatty acids, MCTs are quickly and easily absorbed with no need for bile salts or modification by the digestive tract.

Notice: This is a natural product that may exhibit color, taste and density variations.

Report any adverse reactions to 860.623.6314

SHAKE WELL PRIOR TO DISPENSING.

REFRIGERATE AFTER OPENING.

BEST IF USED WITHIN 90 DAYS AFTER OPENING.

KEEP OUT OF REACH OF CHILDREN.



Formulated and distributed by:

Designs for Health, Inc.

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www.designsforhealth.com

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