

NaturesPlus®

Multivitamin & Mineral Supplement

With Whole Food Concentrates

Energy for the Life You Live!™

VEGETARIAN

30 FL OZ (887.10 ml)

NATURAL TROPICAL FRUIT FLAVOR

Source of Life®

men

Liquid

IRON FREE

Supplement Facts		
Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml)		
Servings Per Container 30		
Amount Per Serving		% DV
Calories	50	
Total Carbohydrate	14 g	5%**
Sugars	10 g	†
Vitamin A (as palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D (as ergocalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667%
Vitamin K (as phytonadione)	150 mcg	188%
Thiamin (vitamin B1) (as thiamine HCl)	75 mg	5000%
Riboflavin (vitamin B2)	75 mg	4412%
Niacin (as niacinamide)	75 mg	375%
Vitamin B6 (as pyridoxine HCl)	75 mg	3750%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3333%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	60 mg	600%
Calcium (as citrate complex)	250 mg	25%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as citrate complex)	125 mg	31%
Zinc (as gluconate)	30 mg	200%
Selenium (as aminoate complex)	100 mcg	143%
Copper (as aminoate complex/chlorophyllin)	1 mg	50%
Manganese (as gluconate)	2 mg	100%
Chromium (as polynicotinate‡‡)	120 mcg	100%
Molybdenum (as aminoate complex)	50 mcg	67%
**Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value (DV) not established.		

Other ingredients: Water, fructose, vegetable glycerin, citric acid, choline bitartrate, inositol, natural flavors, xanthan gum, saw palmetto berry (*Serenoa repens*)‡, bee pollen, bromelain, lemon bioflavonoids, spirulina, sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), *Rhodiola rosea* root, alpha lipoic acid, pumpkin seed (*Cucurbita maxima*), L-glycine††, L-alanine††, L-glutamine††, amylase***, lipase***, lactase (DairyMate®), protease***, **Herbal Complex** (turmeric [*Curcuma longa* rhizome]‡, bilberry fruit [*Vaccinium myrtillus*]‡, green tea leaf [*Camellia sinensis*] [decaffeinated]), lutein, lycopene, astragalus, barley leaf, Irish moss, thyme leaf, ligustrum berry, schisandra fruit and rice bran.

‡ standardized extract †† free form amino acid
*** from brown rice fermentation

LBL 1138910

DIRECTIONS: Shake well. As a dietary supplement for men, take two tablespoons or one capful (about 30 ml) once daily.

Source of Life Men Liquid is so delicious, you can enjoy it straight from the bottle or mixed with a favorite beverage.

Convenient Drip-Proof Bottle
Free from artificial colors and sweeteners.

KEEP TIGHTLY CLOSED.
REFRIGERATE AFTER OPENING.
KEEP OUT OF REACH OF CHILDREN.

‡‡ChromeMate® Brand Niacin-Bound Chromium is a registered trademark of InterHealth N.I.
Source of Life® is a registered trademark of Natural Organics, Inc. in the US and other countries.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Natural Organics Laboratories, Inc.
makers of **NaturesPlus**
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