

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548

GNC.com

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC

Melatonin

Supports restful sleep*



60 VEGETARIAN TABLETS

60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 109223

HUG

DIRECTIONS: As a dietary supplement, take one tablet before bedtime. Do not exceed recommended dosage in any 24-hour period.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	%Daily Value	
Calcium	45 mg	3%
Melatonin	5 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potency verified by GNC procedure #5008. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: