

KEEP OUT OF REACH OF
CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC

Melatonin

TIMED-RELEASE

Supports restful sleep*



60 TABLETS
60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 131622

HUG

DIRECTIONS: As a dietary supplement, take one tablet daily. Do not exceed recommended dosage in any 24-hour period.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Calcium	119 mg	9%
Melatonin	3 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Hydrogenated Vegetable Oil, Silicon Dioxide, Magnesium Stearate Vegetable Source.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potency verified by GNC procedure #5008. Conforms to USP <2091> for weight.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Lot No./Best By: