

designs for health®



L-5-MTHF

Natural S-Isomer

Dietary Supplement
For Professional Use Only

120 Vegetarian Capsules

**Report any adverse reactions to
860.623.6314**

Notice: Color, size or shape may appear
different between lots.

MTH120-2



Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Folate	1000 mcg	250%
(as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt 2000 mcg)		

Other Ingredients: Microcrystalline cellulose, spinach juice powder, L-leucine.

Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.



Formulated and distributed by:
Designs for Health, Inc.
980 South Street, Suffield, CT 06078
www.designsforhealth.com

Recommended Use: As a dietary supplement, take one capsule per day, or as directed by your health care practitioner.

Does not contain gluten.

L-5- MTHF is the natural, biologically active form of folate. It offers the benefits of optimal folate supplementation without the potential risks associated with chronic exposure to unmetabolized synthetic folic acid.



**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**