

HIGHER NATURE®

EVERYDAY ESSENTIALS

MAGNESIUM

Natural orange flavour
No artificial sweeteners

200mg
20 effervescent
tablets

MAGNESIUM 200mg
20 effervescent tablets
FOOD SUPPLEMENT

Magnesium supports many functions,
including the reduction of tiredness
and normal muscle function.
Natural orange with sweetener (stevia).

PRODUCT INFORMATION

One tablet typically provides:	%NRV*
Magnesium 200mg	53

*NRV = Nutrient Reference Value

INGREDIENTS: Acidity regulator: citric acid;
potassium bicarbonate, humectant:
sorbitol; trimagnesium citrate, magnesium
oxide, inulin, natural flavourings (orange),
starch, steviol glycosides, colour: beta
carotene; colour: beetroot juice powder
(acidity regulator: citric acid).
Suitable for vegetarians and vegans.

FREE FROM: Artificial colours, flavourings,
preservatives, acesulfame K, aspartame,
saccharine or sucralose, corn, dairy
products, gluten, lactose, maize, salt, soya,
wheat, yeast.

DIRECTIONS: Adults and
children over 13, take 1 tablet
a day. Add to water; dissolves
gently. Do not exceed
recommended daily
intake. Food supplements
should not be used as a
substitute for a varied
and balanced diet and
healthy lifestyle. Store in a
cool, dry place out of reach
of children.

Best before end: see base

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