

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

ACTUAL SIZE

GNC

Triple Lecithin™

Excellent source of Choline
Supports a healthy heart, liver
& nervous system*



180 SOFTGELS
180 SERVINGS

DIETARY SUPPLEMENT

CODE 147624

HUG

DIRECTIONS: As a dietary supplement, take one or two softgel capsules daily with each meal.

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%†
High Choline Lecithin	1200 mg	*
Phosphatidyl Choline (as Soy Lecithin)	420 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn, No Dairy.

Gf
GLUTEN
FREE

Lot No./Best By:



* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.