

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

GNC

Vitamin B-12

Essential for carbohydrate metabolism
& energy production*

Required for red blood
cell formation*



90 CAPSULES

90-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 148713

CUG

DIRECTIONS: As a dietary supplement, take one capsule daily.

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value	
Vitamin B-12 (as Cyanocobalamin)	1500 mcg	62500%
Calcium	49 mg	4%

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Gelatin, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Silicon Dioxide.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy.



**GLUTEN
FREE**

Lot No./Best By:

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

