

No Sugar, No Starch
No Artificial Colors
No Artificial Flavors
No Preservatives
Sodium Free
No Wheat, No Gluten
No Corn, No Soy
No Dairy, Yeast Free



Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
MADE IN THE USA
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GNC NATURAL BRAND™

Flax Seed Oil 1000

Dietary Supplement



Omega-3 fatty acids help support the cardiovascular system,
digestive health and joint health.

* The statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1000 mg / 180 SOFTGEL CAPSULES

CODE 266802

EEG

DIRECTIONS: As a dietary supplement, take one softgel capsule 1-3 times daily. Each softgel capsule supplies 1000 mg of Flax Seed Oil, which supplies essential fatty acids including alpha-Linolenic and Linoleic acids.

Supplement Facts

Serving Size One Softgel Capsule

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat (as Flax Seed Oil) (Linum usitatissimum)	1 g	2%†
Polyunsaturated Fat	0.5 g	*

† Percent Daily Value based on a 2000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Carob Extract

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Carob Colored
Softgels

Typical Fatty Acid Profile per capsule:

alpha-Linolenic Acid	550 mg
Linoleic Acid	144 mg
Oleic Acid	165 mg
Palmitic Acid	54 mg

Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN