

(PLEASE READ THE ENTIRE LABEL BEFORE USE)

**Recommended Use:** As a dietary supplement, take 1 capsule as needed with 12-16 oz of water or as directed by your physician.

**Warning:** This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

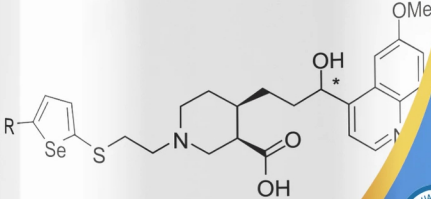
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Made in the USA

www.nutricost.com



# Selenium

**200mcg** | **240** | **240**  
per serving | capsules | servings



240 Capsules | Dietary Supplement

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 240

| Amount Per Serving                  |        | % DV |
|-------------------------------------|--------|------|
| Selenium<br>(as L-Selenomethionine) | 200mcg | 364% |
| * Daily Value not established       |        |      |

Other Ingredients: Vegetable Capsule, Rice Flour, Magnesium Stearate

