

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

GNC.com  
Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

ACTUAL SIZE

**GNC**

# Potassium & Magnesium Aspartate

Helps regulate water balance\*

Necessary for normal muscle cell contraction\*



240 CAPSULES

240-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 257223

EUG

Potassium is involved in the regulation of cellular water balance.\*  
Magnesium is involved in nerve, skeletal muscle, heart and cell function.\*

**DIRECTIONS:** As a dietary supplement, take one capsule with a meal.

## Supplement Facts

Serving Size One Capsule

Amount Per Serving		% Daily Value
Magnesium (as Magnesium Aspartate 250 mg)	20 mg	5%
Potassium (as Potassium Aspartate 250 mg)	57 mg	1%

**OTHER INGREDIENTS:** Gelatin, Microcrystalline Cellulose, Dicalcium Phosphate, Stearic Acid, Silica, Magnesium Stearate Vegetable Source. Potency verified by GNC procedure #4000. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy.

Lot No./Best By:



**Gf**

GLUTEN FREE

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.