

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548  
GNC.com

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

ACTUAL  
SIZE

**GNC**

# Vitamin B-1

Essential for proper nerve  
& muscle function\*



100 VEGETARIAN TABLETS  
100-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 259513

EUG

**DIRECTIONS:** As a dietary supplement, take one tablet daily.

## Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	300 mg	25000%

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Hydroxypropylcellulose Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Rice Bran Powder (*Oryza sativa*). Potency verified by GNC procedure #5103. Conforms to USP <2091> for weight. Meets USP <2040> disintegration. No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy.

**Ko**

**Gf**  
GLUTEN  
FREE

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By:

