



Nutrition Facts			
Serving Size 1 Scoop (28.6g)		Servings Per Container 15	
Amount Per Serving			
Calories 110		Calories from Fat 25	
		%Daily Value*	
Total Fat	3g	5%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	200mg	8%	
Potassium	380mg	11%	
Total Carbohydrate	5g	2%	
Dietary Fiber	3g	12%	
Sugar	1g		
Protein	15g	30%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total fat	Less than	65g	80g
Saturated fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4

EACH SERVING ALSO CONTAINS:
Protein-Energy-Liberating Enzyme Blend: 50mg
Cellulase 500 CU
Hemicellulase 225 HCU
Xylanase 500 XU
Bromelain 225,000 PU
Papain 200,000 PU

INGREDIENTS: Organic pumpkin seed protein, organic quinoa and Protein-Energy-Liberating Enzyme Blend.

Directions: Add one heaping scoop (included) of **Organic Pumpkin Seed Protein** to 8 fl. oz. of water, almond milk, rice milk, juice or beverage of your choice and mix (or shake) until smooth. For best results, milk or juice should be very cold.

DOES NOT CONTAIN: Titanium Dioxide, Talc, Yeast, Hexane and Artificial: Flavoring, Sweeteners and Preservatives.

ORGANIC PUMPKIN SEED PROTEIN MIXES INSTANTLY – NO BLENDER REQUIRED.

VEGAN, GLUTEN-FREE, YEAST-FREE PRODUCT

Free from the common allergens yeast, wheat, soy and milk.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

Manufactured with LOVE ♥ LBL. 1135841
for **NATURE'S PLUS**
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PRODUCT NO. 45955
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Nutritional Support for Men's & Women's Health and Muscle Strength. †

The demand for plant-based protein by health-conscious consumers continues to expand. **Nature's Plus®**, the leader in great-tasting, healthy protein, is proud to provide an exceptional plant protein, **Nature's Plus Organic Pumpkin Seed Protein!** Pumpkin seeds are renowned for their ability to promote prostate health in men and soothe menopause discomforts in women. But research also suggests potential benefits in many other areas as well, including supporting healthy inflammation control, blood sugar control, cardiovascular function and promoting restful sleep. Each serving supplies **15 grams of protein** and **3000 mg of healthful pumpkin fatty acids**. **Nature's Plus Organic Pumpkin Seed Protein** delivers the revitalizing nutrition you need to power your day and keep your body healthy!†

With its superior taste, this instant protein can be enjoyed for breakfast, lunch, dinner or anytime you need an energy boost. This pure and natural protein comes straight from pumpkin seeds, allowing you to get all the natural benefits without any artificial additives. Each serving is supercharged with protein-energy-liberating enzymes, delivering the surge of vitality your body craves! **Nature's Plus Organic Pumpkin Seed Protein** promotes health and vitality and fits perfectly into your everyday dietary routine!†

- **Complete protein that delivers all essential amino acids**
- **Suitable for all diets, including low glycemic**
- **Vegan, Gluten Free, Soy Free**
- **Supercharged with protein-energy-liberating enzymes!†**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



†Food Allergen Labeling and Consumer Protection Act major allergens