

Report any adverse reactions to 860.623.6314

Notice: This is a natural product that may exhibit color, taste, and density variations from lot to lot. It contains naturally occurring micronutrients; therefore amounts may vary within the whey protein, pea protein and flavor profile.

EssentiaMeal™ is a delicious way to obtain quality protein (whey/pea blend) along with additional key vitamins, minerals, and nutrients. With 17 grams of protein per serving (approx. 2 scoops), this product is ideal for pre- and post-workout, or as a between meal snack.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

n-zymes® is a registered trademark of National Enzyme Company.

Proserum® is a registered trademark of Wisdom Proteins, Inc.

Does not contain gluten.

STORE IN A COOL, DRY PLACE.



EMS450

designs for health®



EssentiaMeal™

Natural Strawberry-Banana Flavor

Dietary Supplement
For Professional Use Only

450 Grams

Recommended Use: As a dietary supplement, mix 30 grams (approx. two scoops) in 8-12 ounces of water or any other beverage per day, or as directed by your health care practitioner. EssentiaMeal™ is not intended to be the sole source of calories, but rather to be used as part of an overall program of healthy eating.

Supplement Facts

Serving Size 30 grams (approx. two scoops)

Servings Per Container 15

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calories		100	Vitamin B-6 (as Pyridoxine HCL)	5 mg	250%	Taurine	100 mg	†
Calories from Fat		15	Folate	50 mcg	13%	High Gamma Mixed Tocopherols (as d-gamma, d-delta, d-alpha, d-beta)	50 mg	†
Total Fat	1.5 g	2%*	(NatureFolate™ blend)			n-zymes®	50 mg	†
Cholesterol	10 mg	3%	Vitamin B-12 (as Methylcobalamin)	50 mcg	833%	Amylase	2200 DU	†
Sodium	200 mg	8%	Biotin (as d-Biotin)	50 mcg	17%	Protease 4.5	5000 HUT	†
Total Carbohydrate	7 g	2%*	Pantothenic Acid	50 mg	500%	Protease 3.0	10.7 SAPU	†
Dietary Fiber	2 g	8%*	(as d-Calcium Pantothenate)			Protease 6.0 (Concentrate)	2000 HUT	†
Sugars	1 g	†	Calcium (from Proserum® Whey and Peatein™)	80 mg	8%	Lactase	400 ALU	†
Protein	17 g	34%*	(from Proserum® Whey and Peatein™)					
Vitamin C (as Ascorbic Acid)	100 mg	167%	Iron (from Peatein™)	2 mg	11%			
Vitamin E (as d-alpha tocopherol)	8 IU	27%	Magnesium (TRAACS® Magnesium Glycinate Chelate Buffered)	50 mg	13%			
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	5 mg	333%	Zinc (TRAACS® Zinc Glycinate Chelate)	5 mg	33%			
Riboflavin (Vitamin B-2)	5 mg	294%	Chromium (TRAACS® Chromium Nicotinate Glycinate Chelate)	50 mcg	42%			
Niacin (Vitamin B-3) (as Niacinamide)	5 mg	25%						

Other Ingredients: Natural strawberry banana flavor, vegetable fiber, tapioca dextrin, certified organic stevia leaf extract powder, vegetable cellulose, silicon dioxide.

Contains: Milk.



Formulated and distributed by:
Designs for Health, Inc.
980 South Street, Suffield, CT 06078
www.designsforhealth.com
Manufactured in an NSF GMP Registered Facility