

HIGH STRENGTH

Vitamin D 400iu

Better known as the
'Sunshine Supplement'



60 Tablets

Product Information

Vitamin D is one of the only vitamins that the body has the ability to produce naturally; however, in order to do so the body must be exposed to sufficient amounts of sunlight as the vitamin is produced in the skin when it is exposed to sunlight.

Ingredients - Each Tablet Contains:

Vitamin D 400iu (200% RDA), Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate.



Suggested Daily Intake

Take one tablet daily as a food supplement or as directed by a healthcare professional.

Important Information

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

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