Recommended Use: As a dietary supplement, take 3 capsules with 8-12 oz of water 2-3 times daily, or as directed by your physician.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. This product should be taken with at least 8 ounces of liquid. Consuming this product without enough liquid may cause choking. Avoid use if you have ever had esophageal narrowing or swallowing difficulties. Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

400808

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

351 E 1750 N Vineyard, UT 84058
(866) 438-3694 | support@nutricost.com

www.nutricost.com

7 02669 93265 3

nutricost

Psyllium Husk

1,500MG per serving | **500** capsules | **166** servings

500 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 166

Amount Per Serving	% DV
Psyllium Husk 1,500mg	*

* Daily Value not established

Other Ingredients: Gelatin, Rice Flour

Quality Guaranteed nutricost | Third Party Tested | NON GMO | Gluten Free Product