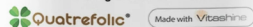


Recommended Use: As a dietary supplement, take 2 tablets daily with food, or as directed by your physician.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

Quatrefolic® is a registered trademark of Gnosis SPA. Patent No. 7,947,662

Vitashine® is a registered trademark of HSM



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Made in the USA

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nutricost

PRENATAL

Multivitamin

540mcg

 **Quatrefolic**
per serving

60

tablets

30

servings

60 Tablets | Dietary Supplement

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Amount Per Serving		% DV
Vitamin A (as Beta-Carotene)	900 RAE mg	60%
Vitamin C (as Acerola Cherry)	120mg	100%
Vitamin D3 (as Vitashine®)	50mg	330%
Vitamin E	15mg	70%
Vitamin K (as K1 and K2)	80mcg	80%
Thiamine (as Thiamine Hydrochloride)	4mg	280%
Riboflavin	5mg	310%
Niacin (as Niacinamide)	10mg	60%
Vitamin B6 (as Pyridoxine)	5mg	250%
Folate (from Quatrefolic®, (6S)-5-Methyltetrahydrofolate acid, glucosamine salt)	540mcg	90%
Methyl B12	15mcg	530%
Pantothenic Acid (as D-Calcium Pantothenate)	10mg	140%
Calcium	75mg	6%

Amount Per Serving		% DV
Iron (as AAC/Chelated)	18mg	70%
Iodine (as Potassium Iodide)	150mcg	50%
Magnesium (as Magnesium AAC)	100mg	25%
Zinc (as Zinc AAC)	15mg	120%
Selenium (as Selenium Dioxide)	70mcg	100%
Copper (as Copper Sulfate)	750mcg	60%
Manganese (as Manganese Chloride)	2mg	80%
Chromium (as Chromium Chloride)	100mcg	220%
Biotin	600mcg	1710%
Molybdenum (from Sodium Molybdate)	20mcg	40%

*Daily Value Not Established

Other Ingredients: Acacia Gum, Magnesium Stearate, Silica, Microcrystalline Cellulose, Guar Gum