

Pharmaceutical Grade | Guaranteed Purity

NORDIC NATURALS®



Nordic Naturals Omega-3D™ offers 1560 mg of omega-3 plus 1000 IU (25 mcg) vitamin D3, surpassing the expert-recommended daily dose of each of these important nutrients. This powerful formula offers combined support for healthy heart and brain function, bones, mood, and immunity.\*

**Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.**

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** One teaspoon daily, with food, or as directed by your health care professional or pharmacist.

**Do not take if tamper-evident seal is broken or missing**

**Refrigerate after opening**

**Best if used within 3 months after opening**

**Keep out of the reach of children**

**Nordic Naturals products are never sold under any store brand**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, or use blood thinners.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- ✓ **Healthy Heart\***
- ✓ **Brain Health\***
- ✓ **Optimal Wellness\***

Great lemon taste!



# OMEGA-3D™

**1560 mg Omega-3 + 1000 IU D3**  
Maintenance omega-3 formula + vitamin D3  
for cognition, immune, and added bone support\*

Superior Triglyceride Form



Fish oil processed in Norway.  
Manufactured in the U.S. by:  
NORDIC NATURALS, Mfg.  
111 Jennings Drive  
Watsonville, CA 95076  
**800.662.2544**  
nordicnaturals.com

Dietary Supplement | 8 fl oz (237 mL)

## Supplement Facts

Serving Size: 1 Teaspoon (5 mL)  
Servings per bottle: 48

Amount Per Serving	% Daily Value**	
Calories	45	
Total Fat	5 g	6%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Cholesterol	25 mg	8%
Vitamin D3 (cholecalciferol)	25 mcg (1000 IU)	125%
Total Omega-3s	1560 mg	†
EPA (Eicosapentaenoic Acid)	745 mg	†
DHA (Docosahexaenoic Acid)	500 mg	†
Other Omega-3s	315 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol (antioxidant), rosemary extract (a natural preservative), vitamin D3 (olive oil, cholecalciferol).

No gluten, milk derivatives, or artificial colors or flavors.

Please recycle this container

Rev. G-02

