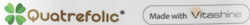


Recommended Use: As a dietary supplement, take 2 tablets daily with food, or as directed by your physician.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

Quatrefolic® is a registered trademark of Gnosis SPA. Patent No. 7,947,662

Vitashine® is a registered trademark of HSM



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

351 E 1750 N Vineyard, UT 84059
(866) 438-3694 | support@nutricost.com
Made in the USA

www.nutricost.com



POSTNATAL Multivitamin

540mcg | **60** tablets | **30** servings
per serving



60 Tablets | Dietary Supplement

Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 30

Amount Per Serving		% DV
Vitamin A (as Beta-Carotene)	900 RAE mg	60%
Vitamin C (as Acerola Cherry)	60mg	50%
Vitamin D3 (as Vitashine®)	100mg	660%
Vitamin E	15mg	70%
Vitamin K (as K1 and K2)	80mcg	80%
Thiamine (as Thiamine Hydrochloride)	4mg	280%
Riboflavin	5mg	310%
Niacin (as Niacinamide)	20mg	110%
Vitamin B6 (as Pyridoxine)	10mg	500%
Folate (from Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt 1000 mcg)	540mcg	90%
Methyl B12	40mcg	1,430%
Biotin	600mcg	17,140%
Pantothenic Acid (as D-Calcium Pantothenate)	10mg	140%

Amount Per Serving		% DV
Calcium	150mg	10%
Iron (as AAC/Chelated)	18mg	70%
Iodine (as Potassium Iodide)	150mcg	50%
Magnesium (as Magnesium AAC)	200mg	50%
Zinc (as Zinc AAC)	30mg	230%
Selenium (as Selenium Dioxide)	70mcg	100%
Copper (as Copper Sulfate)	1mg	80%
Manganese (as Manganese Chloride)	2mg	80%
Chromium (as Chromium Chloride)	100mcg	220%
Molybdenum (from Sodium Molybdate)	20mcg	40%
MSM	100mg	*
Hyaluronic Acid (Sodium)	1mg	*

* Daily Value not established

Other Ingredients: Acacia Gum, Magnesium Stearate, Silica, Microcrystalline Cellulose, Guar Gum