Adults and children 12 or more years of age: 1/8-1/4 teaspoon* in water 1/2 hour before bedtime. (*) 1/8 teaspoon = approximately 1 full dropper. Not suggested for children. Shake well before use. Store out of reach of young children. Store in a dry, cool place. If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

daily dose.

Mountain Meadow

HERBS®

Supplement Facts

1.25 ml

Serving Size: 1/4 teaspoon Servings per Container:

% DV US/EU** 1/4 teaspoon contains

Proprietary blend of extracts

† Daily Value not established *% DV = % Daily Value

Bed-Time Drops

Night Time Knockout

Ingredients: vegetable glycerine, distilled water, approx. 5% organic grain alcohol. Valerian root.

Hops flower, Skullcap herb, Passionflower leaf. Made in the USA.

4 fluid oz/120 ml

Mountain Meadow Herbs Inc., PO Box 9227, Kalispell, MT 59904.

Best before; see expiration date, marked with "exp".

Manufactured and distributed by:

P (888) 528 8615 F (209) 671 1921 www.mountainmeadowherbs.com

Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended

These statements have not been evaluated by the FDA. This product

Dietary Supplement/Food Supplement

Distribution in Europe: Dr. Clark Zentrum Limited. 152 Naxxar Road #7, SGN 9030 San Gwann, Malta