

ENGLISH

Adults and children 12 or more years of age : 1/4 teaspoon\* in water 1-3 times daily or as needed. (\*) 1/4 teaspoon = approximately 2 full droppers.

**Shake well before use.**

Store out of reach of young children. Store in a dry, cool place.

If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

Best before: see expiration date, marked with „exp“.

Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended daily dose.



**Supplement Facts**

Serving Size: 1/4 teaspoon  
Servings per Container: 96

**1/4 teaspoon contains**                      **% DV US/EU\*\***

Organically grown milk thistle seed extract  
1.25 ml                      †

† Daily Value not established, \*\*% DV = % Daily Value

Nominal weight: 120 g

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**Manufactured and distributed by:**

Mountain Meadow Herbs Inc., PO Box 9227, Kalispell, MT 59904, USA  
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www.mountainmeadowherbs.com

# Milk ThistleSeed

Sylibum marianum  
Hand-Made Extract

Ingredients : vegetable glycerine, distilled water, approx. 5% organic grain alcohol, organically grown Milk Thistle seed.

Made in the USA.



4 fluid oz/120 ml

Dietary Supplement/Food Supplement

Distribution in Europe : Dr. Clark Zentrum Limited,  
152 Naxxar Road #7, SGN 9030 San Gwann,  
Malta.