

**Adult Suggested Use:**

1/4 tsp. in water 1-3 times daily.

**Shake well before use.**

Store out of reach of young children. Store in a dry, cool place.

If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

Best before: see expiration date, marked with „exp“.

Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended daily dose.

**Supplement Facts**

Serving Size: 1/4 teaspoon

Servings per Container: 96

1/4 teaspoon contains % DV US/EU\*\*

St. John's Wort (Hypericum perforatum) 1.25ml †

† Daily Value not established

\*% DV = % Daily Value

Nominal weight: 120 g

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**Manufactured and distributed by:**

Mountain Meadow Herbs Inc., PO Box 9227, Kalispell, MT 59904, USA

P (888) 528 8615 F (209) 671 1921

www.mountainmeadowherbs.com

# St. John's Wort

Hypericum perforatum  
Hand-Made Extract

Ingredients : vegetable glycerine, distilled water, approx. 5% organic grain alcohol, St. John's Wort.

Made in the USA.

Do not use this product while taking any prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to UV irradiation (e.g., sunlight, tanning) when using this product.



4 fluid oz. / 120 ml  
Herbal Dietary Supplement

Distribution in Europe : Dr. Clark Zentrum Limited,  
152 Naxxar Road #7, SGN 9030 San Gwann, Malta.