

ENGLISH

Adult Suggested Use:

¼ tsp. in water 1-3 times daily.

Shake well before use.

Store out of reach of young children. Store in a dry, cool place.

If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

Best before: see expiration date, marked with „exp“.

Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended daily dose.



Supplement Facts

Serving Size: 1/4 teaspoon

Servings per Container: 96

1/4 teaspoon contains % DV US/EU**

Valerian Root (Valeriana officinalis) 1.25ml †

† Daily Value not established
*% DV = % Daily Value

Nominal weight: 120 g

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured and distributed by:

Mountain Meadow Herbs Inc., PO Box 9227, Kalispell, MT 59904, USA
P (888) 528 8615 F (209) 671 1921
www.mountainmeadowherbs.com

Valerian Root

Valeriana officinalis
Hand-Made Extract

Ingredients : vegetable glycerine, distilled water, approx. 5% organic grain alcohol, Valerian Root.

Made in the USA.

4 fluid oz. / 120 ml

Herbal Dietary Supplement

Distribution in Europe : Dr. Clark Zentrum Limited,
152 Naxxar Road #7, SGN 9030 San Gwann, Malta.

