CODE 053424 CUG

Vitamin B-12 is essential for metabolism, energy production and red blood cells.* B-12 and folate play an essential role in the maintenance of normal homocysteine levels important for cardiovascular health.*

DIRECTIONS: As a dietary supplement, place one lozenge under the tongue and let it dissolve completely before swallowing.

Supplement Facts

Serving Size One Lozenge

| Amount Per Serving | 9 | % Daily Value |
|---|----------------------------------|---------------|
| Calories | 0 | |
| Total Carbohydrate | 0 g | 0%† |
| Total Sugars | 0 g | * |
| Includes O g Added Sugars | | 0%† |
| Sugar Alcohols | 0 g | * |
| Folate (40 | 667 mcg DFE O mcg Folic Acid) | 167% |
| Vitamin B-12 (as Cyanocobalamin) | 1000 mcg | 41667% |
| † Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established. | | |

OTHER INGREDIENTS: Sorbitol*, Dicalcium Phosphate, Mannitol*, Magnesium Stearate Vegetable Source, Vegetable Stearate,

ACTUAL

SIZE

Natural and Artificial Cherry Flavor, Sucralose.

^Provides a negligible amount of Sugar Alcohols.

Conforms to USP <2091> for weight.

No Sugar, No Artificial Colors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com Distributed by: **General Nutrition Corporation**

Pittsburgh, PA 15222 USA



Gf

GLUTEN

FREE



Vitamin B-12

LOZENGES

Essential for carbohydrate metabolism & energy production*

Required for red blood cell formation*

Sugar free



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.