Recommended Use: supplement, take 2 capsules daily, preferably with food, or as directed by your physician.

Warning: Consult a physician prior to use if pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## nutricost

## Multivitamin for Men

1200<sub>MG</sub>

per serving

servings

## Serving Size: 2 Capsules

Servings Per Container: 60



as D-Calcium Pantothenate)

(as Potassium Citrate)

Calcium (as Calcium AAC)

lodine (as Potassium Iodine)



40mcg

10mg

150mca

## **Supplement Facts**

Amount Per Serving Vitamin A (as Acetate) 6.000 IU 120% Vitamin C (as Ascorbic Acid) 125mg 208% Vitamin D3 (as Cholecalciferol) 3,000 IU 750% Vitamin E 30 IU 100% (as d-alpha Tocopheryl Succinate) Vitamin K (as Phytonadione) 80mcg 100% Thiamin (Vitamin B1, as 30mg 2,000% Thiamine Mononitrate) Riboflavin (Vitamin B2) 34mg 2,000% Niacin (Vitamin R3) 30ma 150% Vitamin B6 (as Pyridoxine) 20mg 1.000% Folic Acid (Vitamin B9) 400mcg 100% Vitamin B12 60mca 1.000% (as Cyanocobalamin) 300mcg 100% Pantothenic Acid (Vitamin B5, 25mg 250%

Amount Per Serving		% DV
Magnesium (as Magnesium Oxide)	75mg	19%
Zinc (as Zinc AAC)	30mg	200%
Selenium (as L-Selenomethionine)	100mcg	143%
Copper (as Copper AAC)	2mg	100%
Manganese (as Manganese AAC)	2mg	100%
Chromium (as Chromium Picolinate)	120mcg	100%
Molybdenum (as Molybdenum AAC)	75mcg	100%
TestX Blend	340mg	
Maca Root Powder		
Epimedium (Horny Goat W	feed)(10% Fla	avones)
Tribulus Terrestris (40% Sa	ponins)	
Fenugreek Seed Powder		

\* Daily Value not established

Other ingredients: Capsule (gelatin, purified water), silicon dioxide, titanium dioxide, blue 1, red 3, yellow 5.