## PRODUCT INFORMATION:

One capsule typically provides: Ginger rhizome standardised extract (5% gingerols)

HIGHER **NATURE**®

**BODY HEALTH** 

**GINGER** 

Digestive support



## GINGER

## FOOD SUPPLEMENT - 60 CAPSULES √ Ginger helps to support digestion

√ Ginger contains compounds called gingerols, which are responsible for its characteristic pungent

odour and taste

DIRECTIONS: Take 1 capsule up to 3 times a day, or 2 hours before travelling. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.



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60 capsules vegetarian and vegan

INGREDIENTS: Ginger rhizome (zingiber officinale) guaranteed standardised extract 10:1 (5% gingerols), vegetarian capsule: hyrdoxypropyl methylcellulose (gelling agent; gellan gum).

300mg

FREE FROM: Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, sugar, wheat, yeast

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.