

Recommended Use: As a dietary supplement, take 1 capsule daily with 8-10 oz of water, preferably with food, or as directed by your physician.

Warning: Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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Magnesium Oxide

420mg of Magnesium

750MG | **240** | **240**
per serving | capsules | servings

240 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 240

Amount Per Serving	% DV	
Magnesium (from Magnesium Oxide)	420mg	100%

Other Ingredients: Gelatin, Rice Flour, Stearic Acid, Vegetable Magnesium Stearate

