

## PRODUCT INFORMATION:

One capsule typically provides:

Vitamin D3 (500iu)	12.5µg	%NRV*	250
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\*NRV = Nutrient Reference Value

**INGREDIENTS:** Sunflower oil, capsule: bovine gelatine (glycerol); vitamin D3 (cholecalciferol).

**FREE FROM:** Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, sugar, wheat, yeast.

**STORAGE:** Store in a cool, dry place out of reach of children.

# HIGHER NATURE®

EVERYDAY ESSENTIALS

## VITAMIN D3

For immunity  
& bones



60 capsules

## VITAMIN D3

### FOOD SUPPLEMENT - 60 CAPSULES

- ✓ Vitamin D contributes to the normal function of the immune system
- ✓ Vitamin D contributes to the maintenance of normal teeth, bones and muscle
- ✓ Tiny capsules, great for all the family

**DIRECTIONS:** Adults take 1-2 capsules (children 5 and over 1 capsule) a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

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This product has not been tested on animals.