

**PRODUCT INFORMATION:**

Four capsules typically provide:

|                             |        |        |
|-----------------------------|--------|--------|
| Thiamin (vitamin B1)        | 4.4mg  | 400    |
| Vitamin B6 (pyridoxine HCl) | 10mg   | 714    |
| Folic acid                  | 200µg  | 100    |
| Vitamin B12                 | 400µg  | 16,000 |
| Tri-methylglycine           | 1200mg |        |
| Arginine                    | 480mg  |        |
| Carnitine                   | 160mg  |        |
| Bromelain                   | 60mg   |        |
| Co-enzyme Q10               | 30mg   |        |

\*NRV = Nutrient Reference Value

**INGREDIENTS:** Betaine anhydrous, l-arginine HCl, capsule:hydroxypropyl methylcellulose (colours: red iron oxide, titanium dioxide); l-carnitine l-tartrate, bulking agent: microcrystalline cellulose; bromelain, co-enzyme Q10, vitamin E (d-alpha tocopheryl succinate), anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate; vitamin B6 (pyridoxine HCl), vitamin B1 (thiamin HCl), vitamin B12 (methylcobalamin), folic acid.

**FREE FROM:** Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, sugar, wheat, yeast.

This product has not been tested on animals.

# HIGHER NATURE®

BODY HEALTH

## CARDIO HEART NUTRIENTS

With B vitamins



120 capsules

**CARDIO HEART NUTRIENTS**  
**FOOD SUPPLEMENT - 120 CAPSULES**

- ✓ Thiamin contributes to the normal function of the heart
- ✓ Folate, vitamins B6 and B12 contribute to normal blood formation

**DIRECTIONS:** Take 2 capsules twice a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**WARNING:** Herpes Simplex (cold sore) sufferers are advised to consult a nutritionist before taking this product.

**STORAGE:** Store in a cool, dry place out of reach of children.

Higher Nature Ltd, 10 Discovery Way,  
Horam, East Sussex TN21 0GE, UK  
highernature.com



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