

Recommended Use: As a dietary supplement, take 1 capsule with 12-16 oz of water, or as directed by your physician.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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nutricost

KSM-66®

Ashwagandha Root Extract

600MG
per serving

60
capsules

60
servings



60 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% DV
KSM-66® Ashwagandha Root Extract	600mg *
Organic Full-Spectrum Standardized Root Extract (<i>Withania somnifera</i>)	
5% Withanolides (30 mg)	
Less than 0.1% Withaferin A)	
BioPerine® (Black Pepper Extract) (95% Piperine)	5mg *
* Daily Value not established	

Other Ingredients: Vegetable Capsule, Vegetable Magnesium Stearate
Contains: Milk

