Recommendations

I to 2 capsules 2 times daily with food, or as directed by your healthcare professional.

Warnina

If you take Coumadin® (warfarin) or other prescription blood thinners or are pregnant or nursing, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)†, MILK/DAIRY (CASEIN, WHEY)†, SOY PROTEIN†, EGG PROTEIN†, SUGAŔ. **†VERIFIED BY INDEPENDENT TESTING**

Raw materials and finished products are independently tested by U.S. labs. Learn more at vitalnutrients.net



Osteo-Nutrients II

(with Vitamin K2-7)

DIETARY SUPPLEMENT 240 VEGETARIAN CAPSULES

Supplement Facts Supplement Facts

servings per container: 120

	amount per serving	percent daily value
Vitamin D3 (cholecalciferol) 500IU	12.5mg	63%
Vitamin K2 (as menaquinone 7)	25mcg	21%
Calcium	500mg	38%
(90% as calcium carbonate-10% as o	alcium citra	te/malate)
Magnesium	250mg	60%
(90% as magnesium oxide-10% as	magnesium	citrate)
Horsetail Powder (aerial parts)	50mg	*
Lysine HCl	50mg	*
Boron (citrate)	1.5mg	*
* Daily value not established		

Other Ingredients: Vegetable Cellulose Capsule, Magnesium Silicate and Leucine.

> manufactured by VITAL NUTRIENTS MIDDLETOWN, CT 06457 USA