

**Recommended Use:** As a dietary supplement, mix 1 scoop with 8-12 ounces of water, or as directed by your physician.

**Warning:** This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Consult your physician prior to use if you are taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Keep out of reach of Children. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.



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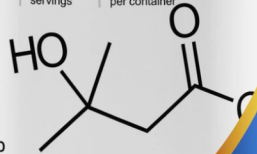
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# HMB

## β-Hydroxy β-methylbutyric

**1,000MG** | **250** | **250G**  
per serving | servings | per container



■ UNFLAVORED  
Net Wt. 250g (0.55 lbs) | Dietary Supplement



### Supplement Facts

| Serving Size: 1 Scoop (1g)               |         |      |
|------------------------------------------|---------|------|
| Servings Per Container: 250              |         |      |
| Amount Per Serving                       |         | % DV |
| Calcium                                  | 140mg   | 14%  |
| (from Calcium β-Hydroxy β-methylbutyric) |         |      |
| β-Hydroxy β-methylbutyric (HMB)          | 1,000mg | *    |
| * Daily Value not established            |         |      |
| Other Ingredients: None                  |         |      |