

For more information, please visit
integrativepro.com.

If you are pregnant, nursing, or taking prescription
drugs, consult your healthcare professional prior
to use.

Quatrefolic® is a registered trademark of Gnosis S.p.A.
U.S. Patent No. 7,947,662.

Keep out of reach of children. Safety sealed
with printed inner seal. Do not use if seal is
broken or missing.

Contains no wheat, gluten, soy, dairy products,
ingredients of animal origin, or artificial colors, flavors,
or preservatives.

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THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ACTIVE B-COMPLEX

WITH QUATREFOLIC® BRAND
METHYLFOLATE

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules

Servings per Container 30

Amount per Serving		% DV
Total Carbohydrate	1 g	<1%†
Thiamin (Vitamin B1)	50 mg	4,167%
Riboflavin (as riboflavin-5'-phosphate and Vitamin B2)	50 mg	3,846%
Niacin (as inositol hexaniacinate)	100 mg	625%
Vitamin B6 (as pyridoxal-5'-phosphate and pyridoxine HCl)	50 mg	2,941%
Folate	800 mcg DFE (837 mcg L-Methyltetrahydrofolate (as Quatrefolic® brand (6S)-5- Methyltetrahydrofolate glucosamine salt)	200%
Vitamin B12 (as methylcobalamin)	1 mg	41,667%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	250 mg	45%
Inositol	250 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: vegetable capsule (hydroxypropyl methylcellulose),
cellulose, silicon dioxide, calcium laurate

Recommendation: Take 1 or 2 capsules daily, or as recommended
by your healthcare professional.