

Recommended Use: As a dietary supplement, take 3 capsules 30 minutes before meals, or as directed by your physician.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Improper use will not improve results and is not advised. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Glucomannan

Konjac Root Extract

1,800MG | **180** | **60**
per serving | capsules | servings



180 Capsules | Dietary Supplement



Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 60

Amount Per Serving		% DV
Calories	10	
Total Carbohydrates	2g	<1%
Dietary Fiber	2g	7%
Glucomannan (from Konjac root) (Amorphophallus konjac)	1,800mg	*

* Daily Value not established

Other Ingredients: Gelatin, Rice Flour, Stearic Acid, Silicon Dioxide, Vegetable Magnesium Stearate