

Recommended Use: As a dietary supplement, mix 1 scoop with 6-10 ounces of water. Consume 2-3 times daily 30 minutes before eating food.

Warning: This product is only intended to be consumed by healthy individuals 18 years of age or older. Consult your physician prior to use if you are pregnant or nursing. Consult your physician prior to use if you are taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Keep out of reach of Children. Store in a cool, dry place. Contents are sold by weight not volume. Some settling may occur.



Glucomannan

Konjac Root Extract

2g | **250** | **500g**
per serving | servings | per container



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Net Wt. 500g (0.66 lbs) | Dietary Supplement



Supplement Facts

Serving Size: 1 Scoop (2g)
Servings Per Container: 250

Amount Per Serving		% DV [†]
Calories	10	
Total Carbohydrates	2g	<1%
Dietary Fiber	2g	8%
Glucomannan (from Konjac root) (Amorphophallus konjac)	2g	*

* Daily Value not established
† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: None