

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT

#### Recommendations

1 softgel daily with food, or as directed  
by your healthcare professional.

#### Warning

If pregnant, consult your physician before  
taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN  
(WHEAT, RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN,  
WHEY)<sup>†</sup>, EGG PROTEIN<sup>†</sup>, SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING



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Vitamin A  
(from fish liver oil)

DIETARY SUPPLEMENT  
100 SOFTGEL CAPSULES

#### Supplement Facts

serving size: 1 softgel capsule  
servings per container: 100

|                                    | amount<br>per serving | % daily<br>value |
|------------------------------------|-----------------------|------------------|
| Vitamin A<br>(from fish liver oil) | 7.5mg                 | 833%             |

Other Ingredients: Soybean oil, gelatin,  
glycerin, purified water.  
**Contains Soy, Fish** (cod).

Raw materials and finished products are  
independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)

manufactured for  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA