

Recommended Use: As a dietary supplement, take 1 capsule daily, preferably with food or as directed by your physician.

Warning: Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Keep out of reach of children. Do not use if safety seal is broken.

Notice: Store in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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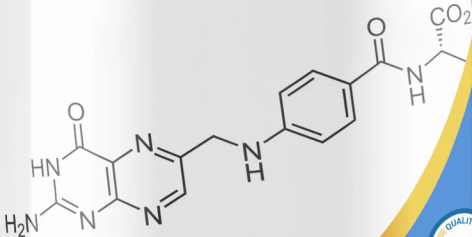


nutricost

Folic Acid

Vitamin B9

1,000mcg | **240** | **240**
per serving | capsules | servings



240 Capsules | Dietary Supplement



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 240

Amount Per Serving		% DV
Folic Acid	1,000mcg	250%
* Daily Value not established		

Other Ingredients: Rice flour, capsule (gelatin, purified water).