

Recommended Use: As a dietary supplement, take 1 softgel 1-2 times daily, preferably with 8-12 oz of water, or as directed by your physician.

Warning: Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Keep out of reach of children. Do not use if safety seal is broken.

Notice: Store in a cool, dry place.

nutricost

Fish Oil

1,000MG

per serving

240

softgels

240

servings



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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240 Softgels | Dietary Supplement

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 240

Amount Per Serving	% DV [†]
Calories	10
Total Fat	1g 2%
Protein	<1g <1%
Fish Oil	1,000mg *
EPA (Eicosapentaenoic Acid)	360mg *
DHA (Docosahexaenoic Acid)	240mg *

* Daily Value not established

[†] Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, glycerol, purified water.

Contains: Fish (anchovy, mackerel, and sardine).

