Recommendations to 2 capsules 2 times daily or as directed by your healthcare professional.

Warnina If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, MILK/DAIRY (CASEIN, WHEY)†, SOY PROTEIN†, EGG PROTEIN†, SUGAR.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

†VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs. Learn more at vitalnutrients net

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Hormone Balance

Hormone Metabolism Support for Women and Men¹

DIETARY SUPPLEMENT 120 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules • servings per container: 60 amount % daily per serving value Vitamin B6 (as pyridoxine HCI) 40mg 2353% Folate (as L-5-MTHF) Metafolin® 340mcg DFE 85%

Vitamin B12 (as methylcobalamin) 200mcg 8333% Magnesium (as magnesium citrate) 24mg Diindolylmethane (DIM) 100ma Broccoli Sprout Powder SDG (secoisolariciresinol diglycoside) 54ma from Flax Lignan Powder: 4 caps=2 tblsp of flaxseed powder

(total Curcuminoids min. 85-90% by HPLC Green Tea Leaf Extract 80% 50ma Rosemary Leaf Extract 50ma Black Pepper Fruit/Berry Extract 2.5ma (Bioperine® piperine)

Curcuma Ionga Rhizome Extract

Trans Resveratrol

* Daily Value not established Other Ingredients: Vegetable Cellulose Capsule, Cellulose,

Ascorbyl Palmitate, and Silica

Contains: Gluten (from wheat, rve, or barley)

manufactured by VITAL NUTRIENTS 45 KENNETH DOOLEY DRIVE MIDDLETOWN, CT 06457 USA

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