

Molecularly Distilled | Guaranteed Purity

NORDIC



NATURALS®

Complete Omega™ Xtra combines concentrated omega-3 fish oil with the unique omega-6 gamma-linolenic acid (GLA) from borage seed oil. This enhanced blend supports heart, brain, and joint health, helps nourish skin, and promotes a healthy mood.\*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

**Store in a cool, dry place, away from sunlight**

**Do not take if tamper-evident seal is broken or missing**

**Product protected by U.S. patent #s 6346231 & 6641837**

**Keep out of the reach of children**

**Nordic Naturals products are never sold under any store brand**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, or use blood thinners.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway.  
Manufactured in the U.S. by:  
NORDIC NATURALS, Mfg.  
111 Jennings Drive  
Watsonville, CA 95076  
**800.662.2544**  
nordicnaturals.com

- ✓ Radiant Skin\*
- ✓ Flexible Joints\*
- ✓ Positive Mood\*

Great  
lemon  
taste!



# COMPLETE™ OMEGA XTRA

1360 mg Omega-3 + 76 mg GLA

High-intensity fish oil plus borage seed oil  
for healthy skin, joints, and cognition\*



Superior Triglyceride Form

Dietary Supplement | 60 Soft Gels

## Supplement Facts

Serving Size: 2 Soft Gels  
Servings per container: 30

Amount Per Serving	% Daily Value**	
Calories	25	
Total Fat	2.5 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Total Omega-3s	1360 mg	†
EPA (Eicosapentaenoic Acid)	780 mg	†
DHA (Docosahexaenoic Acid)	390 mg	†
Other Omega-3s	190 mg	†
Omega-6s	285 mg	†
GLA (Gamma-Linolenic Acid)	76 mg	†
Omega-9s	160 mg	†
OA (Oleic Acid)	120 mg	†

Please ♻️ this container

Rev. G-01

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, purified water, natural lemon flavor), borage seed oil (*Borago officinalis*), d-alpha tocopherol (antioxidant), natural lemon flavor, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.