

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT

**Recommendations:** 1 capsule 1-2 times daily, or as directed by your healthcare professional.

**Warning:** If pregnant, consult your physician before taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN, WHEY)<sup>†</sup>, SOY PROTEIN<sup>†</sup>, EGG PROTEIN<sup>†</sup>, SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING



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**VITAL**  
NUTRIENTS

**Chromium**  
(polynicotinate)  
200mcg

**DIETARY SUPPLEMENT**  
**90 VEGETARIAN CAPSULES**

## Supplement Facts

serving size: 1 vegetarian capsule  
servings per container: 90

	amount per serving	percent daily value
Chromium (as chromium polynicotinate)	200mcg	571%

\* Daily Value not established

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, and Ascorbyl Palmitate.

Raw materials and finished products are independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)

manufactured by  
**VITAL NUTRIENTS**  
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