

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1-2 capsules, 2-4 times daily, or
as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Buffered C
500mg

DIETARY SUPPLEMENT
220 VEGETARIAN CAPSULES

Supplement Facts

serving size: 2 vegetarian capsules
servings per container: 110

	amount per serving	% daily value
Vitamin C (as 60% calcium ascorbate- 20% magnesium ascorbate- 20% potassium ascorbate)	1000mg	1111%
Calcium (as calcium ascorbate)	68mg	5%
Magnesium (as magnesium ascorbate)	14mg	3%
Potassium (as potassium ascorbate)	44mg	1%

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Cellulose, Ascorbyl Palmitate, Magnesium Silicate,
Silica, and Leucine.

manufactured by
VITAL NUTRIENTS
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