

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT



**Recommendations:** 1 to 3 capsules 2-4 times daily, ideally between meals, or as directed by your healthcare professional.

**Warning:** If pregnant, consult your physician before taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN, WHEY)<sup>†</sup>, SOY PROTEIN<sup>†</sup>, EGG PROTEIN<sup>†</sup>, SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)

  
**VITAL**  
NUTRIENTS

**BCQ<sup>®</sup>**

**DIETARY SUPPLEMENT**  
**60 VEGETARIAN CAPSULES**

## Supplement Facts

serving size: 3 vegetarian capsules  
servings per container: 20

|                                                                                  | amount<br>per serving |
|----------------------------------------------------------------------------------|-----------------------|
| Boswellia serrata Gum Extract<br>(alpha & beta Boswellic acids min. 30% by HPLC) | 600mg*                |
| Bromelain (high potency)                                                         | 300mg*                |
| Curcuma longa Rhizome Extract<br>(total Curcuminoids min. 85-90% by HPLC)        | 600mg*                |
| Quercetin dihydrate<br>(min. 90% by HPLC)                                        | 300mg*                |

\* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Magnesium Silicate, Ascorbyl Palmitate, Cellulose, Silica, and Leucine.

manufactured by  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA