SUGGESTED USE: Mix 1 scoop (serving) of 6H0ST* Size with 8-10oz of water or beverage of choice, such as 6H0ST* Whey, preferably within 30 minutes after exercise on training days. For best results, 6H0ST* Size should be taken on both training/non training days with plenty of water. Do not exceed 2 servings in a 24-hour period.

GHOST® SIZE WAS CONCEIVED TO MAKE GAINS FASTER THAN PHOTOSHOP

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER, DO NOT EXCEED RECOMMENDATIONS

FOR SUGGESTED USE. Before using this product, consult a licensed, qualified health care professional if you are taking any medications or other dieday supplement, or prescription drug; or if you have or have been treated for, diagnosed with or have a family history of, any medical condition, immediately discontinue use and consult a licensed, qualified healthcare professional fly our experience any adverse reaction to this product. This product may contain chemicals known to the State of California to cause cancer, birth defects, or other reproductive harm. Not for use by women that are pregnant, trying to get pregnant or nursing.

Consume as part of a healthy diet and exercise program, and drink plenty of water and/or performance beverage such as GHOST® AMINO to stay hydrated.

STORE IN A COOL DRY PLACE, KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING MAY OCCUR

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to

diagnose, treat, cure, or prevent any disease

MANUFACTURED IN THE U.S.A. IN A GMP COMPLIANT FACILITY

This product contains ingredients of international and domestic origin

1-844-GHOST-88 (446-7888)

www.ghostlifestyle.com

GHOST® 170 S. Green Valley Parkway, Suite 300, Henderson, NV 89012, U.S.A.

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MUSCLE BUILDER. SERVINGS | NET WT. 348g (12.2 oz)

NATURALLY FLAVORED DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Scoop (11.6 g)

villgs Fer Container. 30		
	Amount Per Serving	%DV**
ories	0	
al Carbohydrate	0 g	0%
otal Sugars	0 g	**
Includes Og Added Sugars		0%
cium	26 mg	2%
dium	15 mg	1%

200 mg

50 mg

GHOST® Size **Full Yield Creatine**

Epicatechin (90%)

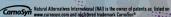
Servings Per Container: 30

Creatine Hydrochloride (3.21g delivering 2.5 Creatine) Creatine Monohydrate (2.84 g delivering 2.5g Creatine) Betaine (Trimethylglycine) 2.5 a CarnoSyn® Beta-Alanine

AstraGin® (Astragalus membranaceus & Panax notoginseng) Root extracts

**Percent Daily Values are based on a 2,000 calorie diet. †No Percent Daily Values have been established for these nutrients.

OTHER INGREDIENTS: SILICON DIOXIDE, CALCIUM SILICATE, XANTHAN GUM, SODIUM CITRATE,



AstraCin Astragin NuLiv Science USA, Inc.