

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN

USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 capsule 1 hour before bedtime or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING



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VITAL
NUTRIENTS

5HTP
100mg

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

serving size: 1 vegetarian capsule
servings per container: 60

	amount per serving	percent daily value
Vitamin B6 (as pyridoxine HCl)	10mg	588%
5HTP	100mg	*
Pyridoxal 5' Phosphate	4mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Rice Powder, Magnesium Citrate, and Leucine.

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA