

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 50

Amount Per Serving	% Daily Value
GRENAD[®] Thermo Detonator Proprietary Blend	1550 mg
Green Tea Extract (<i>Camellia sinensis</i>) (leaf)	
Caffeine	
Cayenne Pepper (<i>Capiscum annuum</i>) (fruit)	
Citrus aurantium Extract (fruit)	
Yohimbe Bark Extract (<i>Pausinystalia johimbe</i>) (bark)	
Beta-Phenylethylamine HCl	
DL-Phenylalanine	
Gingerfruit Seed Extract (<i>Citrus grandis</i>) (seed)	
Yerba Mate (<i>Ilex paraguayensis</i>) (leaf)	
Evodia Fruit Extract (<i>Evodia rutaecarpa</i>) (fruit)	
DMAE Bitartrate (Dimethylaminoethanol)	
Raspberry Ketones	
Cocoa Extract (<i>Theobroma cacao</i>) (weed)	
Coleus Forskollii Extract (<i>Plectranthus barbatus</i>) (root)	

**Daily Value not established

Other Ingredients: Gelatin, Dextrin, Magnesium Stearate, Maltodextrin, Silica, Titanium Dioxide, FD&C Yellow #5, FD&C Blue #1, FD&C Red #40.

Allergens: None

Made in a GMP facility on equipment that processes milk, soy, eggs, peanuts, tree nuts, fish, shellfish and wheat.

WARNING - IMPORTANT - MUST READ

Grenade[®] is not for use by persons under the age of 21. **DO NOT USE** if pregnant or nursing. Never exceed the recommended maximum dosage. **DO NOT** consume caffeine, synephrine or thyroid boosting compounds from other sources including, but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine or any other stimulants whatsoever. Grenade[®] contains caffeine. **DO NOT USE** this product for longer than 8 weeks and make sure that usage is followed by a 4 week 'off period.' Consult your physician prior to use if you are taking medication including, but not limited to MAO inhibitors, anti-depressants, aspirin, non-steroidal anti-inflammatory drugs or products

containing phenylephrine, ephedrine, pseudoephedrine, phenylethylamine or other stimulants. Consult your physician prior to use if you have a medical condition including, but not limited to heart, liver, kidney or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue use 2 weeks prior to surgery. Immediately discontinue use if you experience dizziness, severe headaches, rapid heartbeat or shortness of breath.

Note for tested athletes – please consult your specific federation prior to use. Store at room temperature, in a dry place.

KEEP OUT OF REACH OF CHILDREN

THIS PRODUCT IS INTENDED FOR USE BY ADULTS. THE PACKAGING AND PRODUCT CONTAINER MAY BE ATTRACTIVE TO YOUNG CHILDREN BUT IT SHOULD NOT BE USED BY THEM IN PLAY. RISK OF CHOKING DUE TO THE PRESENCE OF SMALL PARTS.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The capsules meet all requirements of current European Pharmacopeia (EP) and United States Pharmacopeia (USP)

DECLARE WAR ON FAT[™]

GRENAD[®] THERMO DETONATOR[®] is an extreme thermogenic containing a devastating arsenal of ingredients formulated to:

- 🔥 Combat fat^{*}
- 🔥 Deliver explosive, sustained energy^{*}
- 🔥 No jitters, no cravings, no crash^{*}

#ARMYOURSELF[™]

DIRECTIONS FOR USE

Read warning before consuming

Take 1-2 capsules on an empty stomach upon waking with water. If required, take an additional 1-2 capsules 4-6 hours later with water.

To assess tolerance, for the first 7 days consume 1 capsule upon waking with water and 1 capsule 4-6 hours later with water. Drink at least 8 glasses of water per day.

DO NOT take Grenade[®] within 6 hours of intended sleep.
DO NOT exceed 4 capsules per day.
Keep packaging for directions of use.

Grenade[®] is manufactured and packaged to the highest standards on behalf of Grenade[®] USA, LLC.

Distributed by:

Grenade[®] USA, LLC

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**DIETARY
SUPPLEMENT**

GRENAD[®]
THERMO DETONATOR

NET WT. 2.8oz (100 Capsules)