SUGGESTED USE: DO NOT EXCEED 2 SCOOPS PER DAY. Mix each scoop (serving) of GNOST LEGEND' with 6-98c of water or beverage of choice. For a WARREADS' extreme sour experience, mix each scoop (serving) with 4oz of water. Start with 3 scoop or less to assess your tolerance. Consume prior to exercise on training days.

GHOST LEGEND' WAS CONCEIVED TO POWER LEGENDRY IN ALL OF ITS FORMS*







PARTY

WORK/STUDY

WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER, DO NOT EXCEED RECOMMENDATIONS FOR SUGGESTED USE. Before using this product, consult a licensed, qualified healthcare professional if: you are taking any medications or other dietary supplement. or prescription drug; or if you have or have been treated for, diagnosed with or have a family history of, any medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant or nursing, trying to become pregnant, or men or women that are sensitive to caffeine. Do not consume caffeine from other sources while taking this product as too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use two weeks prior to surgery. Consuming this product within 4 hours of bedtime may cause difficulty sleeping. This product may contain chemicals known to the State of California to

cause cancer, birth defects, or other reproductive harm. Beta Alanine may cause a harmless, temporary tingling sensation. Consume as part of a healthy diet and exercise program, and drink plenty of water and/or performance beverage such as GHOST® AMINO to stay hydrated.

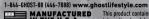
STORE IN A COOL DRY PLACE, KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY

SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTLING

MAY OCCUR. FOLLOW US: @GHOSTLIFESTYLE * These statements have not been evaluated by the Food and Drug Administration. These products

are not intended to diagnose, treat, cure, or prevent any disease.

GHOST® 170 S. Green Valley Parkway, Suite 300, Henderson, NV 89012, U.S.A.



This product contains ingredients of international and domestic origin

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SUPPLEMENT FACTS

Serving Size: 1 scoop (12.5 g) Servings Per Container: 30

Servings Fer Container. Co		
Amoun	t Per Serving	%DV**
Calories	5	
Total Carbohydrate	1g	<1%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Calcium	39 mg	3%
Potassium	41 mg	1%
GHOST Legend®		_
L-Citrulline	4000 mg	
CarnoSyn® Beta-Alanine	2000 mg	Ť
Agmatine Sulfate	500 mg	Ť
Norvaline	100 mg	Ť
GHOST® Smart Energy		_
Taurine	1000 mg	
Caffeine Anhydrous	165 mg	t
Alpha-GPC (Alpha-Glyceryl Phosphoryl Choline 5		t
Rhodiola (Rhodiola rosea) Root extract	50 mg	†
DiCaffeine Malate (delivering 37mg Caffeine)	50 mg	t
Thochromino	50 mg	+

Rauwolfia (Rauwolfia vomitoria) Root extract **Percent Daily Values are based on a 2,000 calorie diet. t No Percent Daily Values have been established for these nutrients.

NADH 10%

Olive (Olea europaea) Leaf extract (40% Oleuropein)