

PRODUCT INFORMATION:

One capsule typically provides:

Tri-methyl glycine 500mg
(as betaine monohydrate)

INGREDIENTS: Tri-methyl glycine (as betaine monohydrate), capsule: hydroxypropyl methylcellulose; bulking agent: microcrystalline cellulose; anti-caking agents: magnesium stearate, silicon dioxide.

FREE FROM: Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, wheat, yeast.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

TMG

For normal homocysteine



90 capsules
vegetarian and vegan

TMG
FOOD SUPPLEMENT - 90 CAPSULES

- ✓ TMG as betaine monohydrate
- ✓ Betaine contributes to normal homocysteine metabolism
- ✓ Beneficial effect obtained with a daily intake of 1.5g (3 capsules)

DIRECTIONS: Take 1 capsule up to 3 times a day at least 30 minutes before meals. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: A daily intake in excess of 4g may significantly increase blood cholesterol levels.

STORAGE: Store in a cool, dry place out of reach of children.

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