

Recommended Use: As a dietary supplement, take 4 capsules 3-4 times daily with at least 8 ounces of water.

Warning: Consult a physician prior to use if pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

nutricost

CREATINE MONOHYDRATE

3g

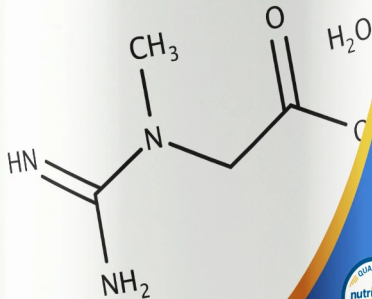
per serving

500

capsules

125

servings



500 Capsules | Dietary Supplement

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 125

Amount Per Serving	% DV
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Creatine Monohydrate	3g *
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* Daily Value not established.

Other ingredients: Capsules (gelatin, purified water), vegetable magnesium stearate.

