Ketone bodies (ketones) are energy sources that are produced and burned under special metabolic conditions such as starvation and high fat (ketogenic) diets. Ketones are a super fuel that can be efficiently used by the muscles and the brain, where they generate more energy (ATP) per unit of oxygen consumed than do carbohydrates, protein, or fat.

KetoForce contains 11.7 grams of the ketone body Beta-Hydroxybutyrate (BHB) per serving. Consumption of KetoForce before exercise can result in significant decreases in oxygen demand and increases in performance.

KetoForce may also heighten mental acuity and performance.

KetoForce is excellent for ketogenic dieters who need energy but must limit carbohydrate intake. KetoForce may also be used by individuals who consume carbohydrates to provide an additional energy source and limit exercise induced alvocoen depletion.

KetoForce is an alkaline (high pH) liquid so it is advisable to mix with an acidic beverage before consuming

## www.ketosports.com

CAUTION!: Before using this product consult with your physician if you are using any prescription or over the counter medicine, if you are unaware of your current medical condition or if you have any pre-existing medical condition.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## KetoForce

Sodium & Potassium Beta Hydroxybutyrate

Ketotic Agent • Appetite Suppression Physical & Mental Performance

16 fl oz (480ml) Dietary Supplement Supplement Facts

Serving Size 30cc (3 capfuls) Servings Per Container 16

Amount per Serving

Calories 55 ± Calories from Fat 0

		%DV
Total Fat	0g	0%
Cholesterol	0g	0%
Sodium	1.6g	67%
Total Carbohydrate	0g	0%
Protein	0g	0%
Beta Hydroxybutyrate	11.7g	*
Potassium	1.6g	46%
*Daily Value not e	stablishe	d

‡ Calories derived from ketones

Other Ingredients: Water, Citric acid and/or Sodium Hydroxide

**Directions:** Consume 3 capfuls. Do not exceed 3 servings per 24 hour period. Best if mixed with acidic beverage (4 to 8 ounces).

**Distributed by: KetoSports** PO Box 17036 Urbana, IL 61803 USA

